

We are always on the look-out for photos and reports of the many activities which our members enjoy through the special interest groups and which can be used at open events and to accompany press articles. Please do get in touch with your stories and pictures.

The "Have a Go" Group displayed some examples of their activities at the Spring event (below):



Whatever you have planned this summer do keep safe. To that end I reproduce some "helpful" advice for any budding mountaineers amongst you which I picked up from a path trail in Vietnam!



APPEAL

We are still seeking to strengthen our finance team and urgently need volunteers to assist in managing our record keeping. If you, or someone you know (even if not currently a u3a member) could help by joining our team then please do contact me on –

chairmanliphooku3a@yahoo.co.uk or via the web liphook.u3asite.uk

Have a great summer, see you in September.

Andy Earwaker (Chair).